

# Spirituality in Palliative Care - The Namaste of Caring

## Moderators:

Dr. Nandini Vallath

Dr. Vidya Viswanath

TIME	TOPIC	NAME
08:30 – 09:00 AM	Registration	<b>Facilitators:</b> Nandini Vallath, Vidya Viswanath
09:00 – 10:15 AM	Learner expectations and learning objectives Spirituality: Introduction, relevance Evidence for spiritual aspects of care <b>Pair &amp; share:</b> Illustration Case studies: How're you caring now? Spiritual screening, Approach to spiritual evaluation	
10:15 -11:00 am	<b>Didactic:</b> Introducing SGTO concept, Goals of spiritual care, Experiential work	
	<b>Tea/ Coffee break</b>	
011:15 - 01:00 PM	<b>Recap:</b> from the audience – 10 minutes <b>Didactic: Tools, We the Tool, Spiritual Trajectory, the Matrix Approach with application in an illustration case</b> <b>Group-work – 1:</b> Spiritual evaluation, use the matrix and identify trajectory and care needs in given scenarios <b>Didactic: Providing Spiritual care with application in an illustration case</b> <b>Group work – 2:</b> work on illustration case studies and respond to the spiritual care needs Use MDT services to manage the spiritual suffering	
01:00 PM	<b>Valedictory, feedback</b>	
01:15 - 02:00 PM	<b>Lunch break</b>	

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